



# LivingSidebySide®

IN THE U.S. AND AROUND THE WORLD

Legacy International offers training experiences that foster social cohesion and inter-racial/ethnic/religious understanding among youths and adults. Suitable for schools and professional and youth organizations, Legacy's programs promote leadership, social and emotional competencies, inclusivity, and civic engagement.



Presented by



Developed and tested over three decades, **LivingSidebySide®** features

- a comprehensive 36 hour curriculum
- manuals for facilitators and youths
- custom training and certification services.

It is an interactive journey of skill building and reflection with opportunities to design and implement school and/or community projects.

Leadership skills include:

- understanding and going beyond stereotypes
- communication (listening and speaking)
- conflict prevention and resolution
- peer mediation
- project planning and implementation



The **Stockholm International Peace Research Institute (SIPRI)** and the **International Institute for Impact Evaluation (3IE)** collaborated to conduct an external evaluation of the **LivingSidebySide®** program.

# LivingSidebySide® - Professional Development

**In-Service Training** --Learn the principles and methods behind **LivingSidebySide®** for immediate application in your workplace (with youths, co-workers, and parents).

Workshops:

- **Creating Social Cohesion/Relationship-Building Blocks** - foundations for positive behavior and interaction
- **Face-to-Face Communication** - reviving the art of effective inter-personal communication
- **Everyday Conflict Prevention and Resolution** - toolkit for diffusing and avoiding conflicts
- **Organizing Youth-led Community Service Activities** - step by step resources for youth responsibility and civic engagement
- **Social and Emotional Skills and Experiential Learning** – using interactive lessons and leading productive debriefs

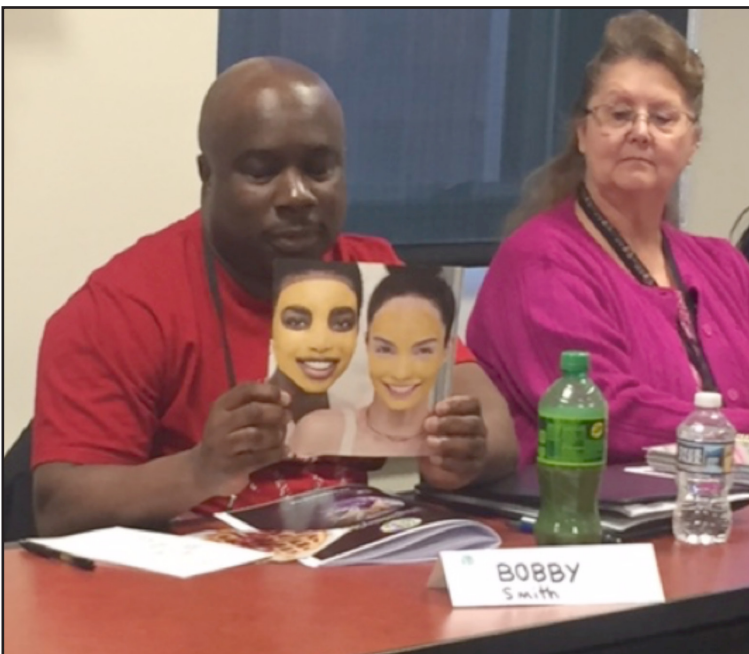
**Train the Trainers (TOT) for institutions -- to implement the 36-hour program with your staff or youth service population**

**Certifications include:**

- Basic Training - enables practitioners to deliver the program to youth audiences
- Advanced Training - enables practitioners to train adult facilitators

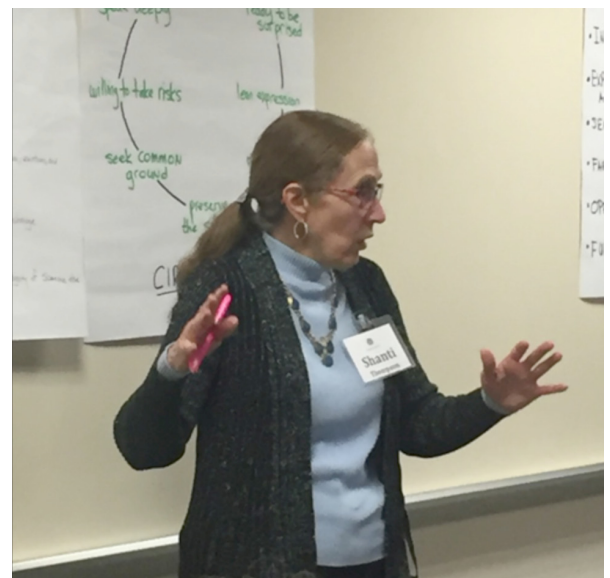
A typical package involves 4 one-day Workshops, a two day Intensive coaching during implementation and a pre-program assessment phone conference.

– Optional: On-site **Program Development, Monitoring, and Capacity-Building** support for participating organizations



*"The workshop gave me the tools to cultivate relationships (with young people)... to understand what is going on in their lives, for them to trust me to help them and to look at what I am doing as a mentor, a teacher, and what I can do differently.*

Bobby Smith,  
Total Action for Progress



Shanti Thompson, Vice President/  
Training and Curriculum developer



# LivingSidebySide® for Students Middle School and High School

The 36 hour youth program can be delivered in 18 - two hour sessions for maximum interaction, 2-3 times a week after school over 6-8 weeks to enable reflection and skill use between sessions. Legacy offers on-line support conferences during delivery, and manuals for youths.

Twenty-five hours of the **LivingSidebySide®** curriculum is delivered each summer at Legacy's Global Youth Village, its longest running program. [www.globalyouthvillage.org](http://www.globalyouthvillage.org) for teens

## Formats include:

- Schools and after-school programs
- Summer camps
- Youth clubs
- Weekend workshops

*"In my school the kids are mainly African American and Hispanic. I realized that although someone may look angry, or you may think they are part of a gang, everyone is a person and you have to take time to get to know someone".*

Youth participant,  
Israel Ortiz,  
Chicago, Illinois, USA



*"Dr. Martin Luther King said: 'We must end the cycle of violence. The old saying "an eye for an eye" leaves the whole world blind.' Because of the attitude that it's "good guys" and "bad guys," there is a feeling that the good guys should win. But it's not a battle. It's a problem that must be understood and a solution that must be beneficial to both our peoples."*

Youth participant, Saar Peer, Israel

*"Throughout high school I volunteered with a law office that helped low-income refugees and immigrants... issues included deportation, applying for a green card, bringing family to the US from war zones or refugee camps, and discrimination. My training absolutely helped me communicate with people from different cultures who had sensitive problems and histories".*

Youth participant, Shannon Eddy, Maine, U.S.A.

## Dialogue for Social Cohesion – University

**A 9-hour skills-based program that equips university students with the know-how and techniques to:**

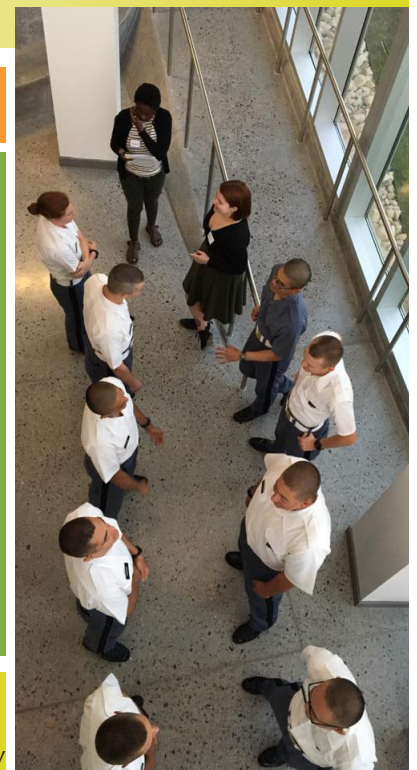
- convene and lead constructive dialogue,
- navigate difficult issues, and
- establish community among diverse populations.

The workshop includes:

- training in facilitation
- sample methods and activities
- tools for dealing with various discussion topics and situations.

*"In our dialogue session, we broke a lot of barriers – we helped the first year cadets open up for more honest conversations."*

Sophomore, Corps of Cadets, Virginia Tech University



# LivingSidebySide® Globally

The program has been implemented with mixed populations in 125 schools in the US, 10 schools in Kyrgyzstan, and with diverse international groups such as Israelis and Palestinians; Northern Irish Protestants and Catholics; Croats, Muslims, and Serbs in Bosnia and Herzegovina; and groups in Nigeria, Russia, and Indonesia.

Key results from the Stockholm International Peace Research Institute (SIPRI) evaluation:

**“... participation in the LSBS programme is robustly associated with increased levels of trust towards “seeing people for the first time.”**

**“...these results (trust towards the out-group, less bullying and fighting) are still identified a year after the programme ended, which provides confidence in the sustainability of programme impacts in the medium term.”**

Teachers and Students stated that:

- conflicts decreased in schools
- a more tolerant, respectful environment was created
- students improved academically
- teachers and students gained a new set of conflict-resolution and mediation skills
- relations improved with family members and others
- students reduced “useless” arguing and judging others on outer appearance



*“(After my training) I worked with a group of teens that the school had labeled “the most difficult students.” At the end of the program, they said, “Is that all? We can stay for more.”*

Svetlana Sarabryakova, Instructor,  
Santa Lingua School, Izhevsk, Russia



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Global Youth Village is a accredited by the  
American Camp Association

Legacy International has Special Consultative Status with the Economic and Social Council (ECOSOC) of the United Nations since 2013.